MOTHERS' UNION DIOCESE OF LEICESTER

KNITTING PATTERNS

ABBREVIATIONS used:

k., knit plain; p., purl; st., stitch; tog., together; inc., increase (by working twice into same st.); ss., stocking stitch (k. on the right side and p. on the wrong side); sl., slip; yfwd., yarn forward to make a st.; p.s.s.o., pass slipped st. over; s.k.p.o. (slip 1, k.1, pass slipped st. over); gs., garter stitch (k. plain on every row); dec., decrease by k.2 sts. together).

VENTILATOR BONNETS

Small - 1kg Baby (approx)
Medium - 1.5kg
Large - 2kg
Extra Large - 2.5 kg and over

Materials: 4ply yarn, 50g makes several bonnets; size 10 (3.25) and size 9 (3.75) needles.

To make: with size10 needles, cast on 57 (65,73,81) stitches. Work 5 rows k.1 p.1 rib. Change to size 9 needles. e in stocking stitch (1 row k., 1

Continue in stocking stitch (1 row k., 1 row p.) until work measures 6 (7,8,9) cm.

Decrease for crown:

1st row: k.5 (6,7,8), k.2 tog. to last stitch, k.1 2nd and alternate rows: p.

 3^{rd} row: k.4 (5,6,7), k.2 tog. to last st., k1.

Continue decreasing as set until 9 stitches remain. Break off yarn, leaving long end.

Thread end of yarn through remaining

9 stitches and draw up tightly. Join seam to form bonnet into helmet style.

THIS BONNET DOES NOT NEED TIES.

(For extra small bonnets use 3ply yarn, size

11 & 10 needles, and follow smallest size pattern, working 4.4cm before crown decreasing.)

TEDDY BEAR

Materials: double knitting wool (main colour for head and paws, trouser colour, jumper colour, scarf colour); pair size 10 needles; stuffing – please use only polyester or other healthy padding, foam rubber is not recommended).

Cast on 10 stitches in main colour, k. 10 rows. Change to trouser colour and k. 30 rows (1st leg). Make another leg in the same way on same needle.

K. across all 20 stitches, work 16 rows.

Change to jumper colour, work 24 rows.

Change to main colour for head.

In ss. work 5.5 ins.

Change to jumper colour.

Continue remainder of teddy in reverse order. Stitch down the sides of the head.

With jumper colour pick up 8 stitches each side of neck join (16 in all) and k. 20 rows.

Repeat on other side.

In main colour, k. 10 rows for paws.

Sew up teddy leaving opening in crotch.

Sew diagonal top corners for ears before stuffing.

After stuffing has been inserted, run a thread through the knitting around the neck to draw it in.

Sew happy face on teddy.

For mouth use stem stitch or back stitch.

Scarf – cast on 75 stitches, k.4 rows, cast off.

Tie scarf on teddy, stitch to back of neck.

PREMATURE BABY SET

Materials for set: 200g Baby DK, pair each size 8 (4mm) and size 9 (3.75mm) knitting needles, 4 buttons for cardigan,

Tension: 21 stitches & 30 rows on size 8 needles in ss. to measure 10 x 10 cm.

Instructions are given for 36cm (14in) size.

Cardigan

The back: with size 9 needles, cast on 39 sts. and beginning odd numbered rows with k.1 and even numbered rows with p.1, work 8 rows in single rib.

Change to size 8 needles.

Beginning with a k. row ss. 18 rows.

To shape raglan arm-holes:

1st row: k.1, s.k.p.o., k. until 3 sts. remain, k.2 tog., k.1.

2nd row: all p. Repeat rows 1 and 2 11 times more (15sts.).

Cast off.

Left front: With size 9 needles cast on 24 sts. 1st rib row: k.1, *p.1, k.1;

repeat from * until 5sts remain, k.5 for gs. border. 2nd rib row: k.5 for border, p.1, * k.1,p.1; Repeat from * to end.

Rib further 6 rows keeping gs. border correct. Change to size 8 needles. 1^{st} row: k. to end. 2^{nd} row k.5, p to end.

Keeping the 5 st. gs. border correct, ss. 16 rows.

To shape the raglan arm-hole:

1st row: k.1, s.k.p.o., k. to end. 2nd row: k.5, p. to end.

Repeat these 2 rows once (22 sts.).

To shape front edge and continue raglan shaping:

Next row: k.1, s.k.p.o., k. until 7 sts. remain, k.2 tog., k.5.

Next row: k.5, p. to end.

** Repeat the last 2 rows 4 times more (12 sts.).

Continue shaping at arm-hole edge only as before on the next row, then on the 4 following alternate rows (7sts.)

** Next row: k.5, k.2 tog. (6sts.). Garter stitch 16 rows, cast off.

Right front: with size 9 needles, cast on 24 sts.

1st rib row: k.6, * p.1, k.1, repeat from * to end.

2nd rib row; * p.1, k.1, repeat from * till 6 sts. Remain, p.1, k.5 for border.

Rib 2 more rows keeping gs. border correct.

Button hole row: k.2, yfwd., k.2 tog., k.2, rib to end.

Rib a further 3 rows.

Change to size 8 needles.

1st row: k. to end.

2nd row: p. until 5 sts. remain, k.5.

Keeping the 5 st. gs. border correct, ss. a further 16

rows, working a button hole as before on the 3rd, 9th and 15th of these rows.

To shape the raglan arm-hole:

1st row: k. until 3 sts. remain, k. tog., k.1.

2nd row: p. until 5 sts. remain, k.5.

Repeat the last 2 rows once (22sts.).

To shape the front edge & continue raglan shaping:

Next row: k.5, s.k.p.o., k. until 3 sts. remain, k.2 tog., k.1.

Next row: p. until 5 sts. remain, k.5. Work as left front from ** to **.

Next row: s.k.p.o., k.5 (6sts.), gs. 16 rows, cast off.

Sleeves, both alike: with size 9 needles cast on 25 sts. Work 8 rows in rib as given for back.

Change to size 8 needles.

Beginning with a k. row, ss. 4 rows.

Inc. 1 st. at each end of next row, then on the

2 following 4th rows (31sts). Ss. 9 rows.

To shape raglan sleeve top: work exactly as given for raglan arm-hole shaping on back (7 sts. will remain).

Cast off.

To make up the cardigan:

Press with a warm iron over a dry cloth.

Join raglan seams, then join sleeve and side seams.

Sew gs. extensions on front across sleeve tops and across to centre back neck, joining cast off edges together. Add buttons.

BOOTEES

To make, both alike: With size 9 needles cast on 27 sts. Work 6 rows in k.1 p.1 rib.

Change to size 8 needles.

Beginning with a k. row, ss. 10 rows.

To divide for instep:

next row: k.17, turn.

Next row: p.7, turn.

Ss. 8 rows on these 7 sts.

Break yarn and leave these sts. on a safety pin. Next row: with right side of work facing and using size 8 needle holding 10 sts. at right side of work, rejoin yarn and pick up and k.7 sts. up row ends of right side of instep, k.7 sts. across top, pick up and k.7 sts. down row ends of left side of instep, then k. remaining 10sts. from left side of work (41 sts.).

Gs. 7 rows.

To shape foot:

1st (dec) row: k.1, * k.2 tog., k.15, k.2 tog., k.1. Repeat from * once (37 sts.).

2nd row: All k.

3rd (dec) row: k.1, * k.2 tog., k.13, k.2 tog., k.1. Repeat from * once (33sts.).

4th row: all k. Cast off.

To make up the bootees, press as for cardigan, avoiding gs. Join back leg and foot seams.

MITTENS

To make, both alike: With size 9 needles cast on 25 sts. and work 6 rows in rib.

Change to size 8 needles and g.st 6 rows Beginning with a k row, s.st a further 6 rows. To shape top:

Ist (dec) row: k.1,* k.2tog, k.7, k2tog, k.1: Repeat from * once (21 sts) 2nd row all p.

3rd (dec) row k1 * k2tog, k5,k.2tog, k.1 Repeat from*once (17sts). Cast off. Press as for cardigan avoiding gs. Join top and side seams.

BABY BLANKET WITH OPTIONAL LACE BORDER

Materials: about 200g of white DK wool; long size 8 (4mm) needles (circular needles are best).

There are two options: the basic blanket measuring 24 inches square without a lace border or the basic blanket measuring 20 inches square with a lace border to all four edges.

Basic blanket:

Cast on 1 st., turn.

Next row: k. into front and back of this st. (2sts), turn. Next row: k.1, inc. in next st. by k. into front and back of same st. before slipping it off the needle. K to end. Only inc. in this way at the beginning of a row. Turn (3 stitches on needle).

Continue to inc. in this way in every row.

Continue until the side of the blanket from the cast-on corner to the needle measures either 20 or 24 inches, depending on which option you have chosen.

Next row: k. 1 row plain.

Next row: k.1, k2 tog., k. to end of row.

Continue this way, always k. the 1st st. then dec. into the next st. by k.2 tog. until 1 st. remains.

You should now have a neat square with each side measuring 20 or 24 ins.

Optional lace border:

Using DK wool and size 8 short needles, cast on 8 sts.

Row 1: (wrong side) sl. 1, k.1, (yfwd., k.2 tog.) twice, yfwd., k.2 (9sts.)

Rows 2, 4 & 6: sl.1, k. to the end.

Row 3: sl.1, k.2 (yfwd. k.2 tog.) twice, yfwd., k.2 (10sts.).

Row 5: sl.1, k.3 (yfwd., k.2 tog.) twice, yfwd., k.2 (11 sts.).

Row 7: sl. 1, k.4 (yfwd., k.2 tog.) twice, yfwd., k.2, (12 sts.).

Row 8: sl.1, k.11 sts.

Row 9: cast off 4 sts., k. to end (8 sts).

Row 10: sl.1, k. to end (8 sts).

These 10 rows form the pattern. Continue in pattern until the knitting is long enough to fit round the blanket.

Sew onto the blanket.

PREMATURE BABY HAT

Material: one pair of size 8 (4mm) needles; double knitting wool (white or pastel shades)

Sizes 1, 2, 3, 4 (SANDS use all 4, LRI only 1, 2, 3): Cast on 32 (34, 36, 38) sts.

K. 2 rows garter stitch.

Work 12 (14, 16, 18) rows in stocking stitch.

Next row: k.2 tog. to end of row.

Next row: p.2 tog. to end of row.

Next row: k.2 tog. to end of row.

Draw thread through remaining stitches and sew up seam.